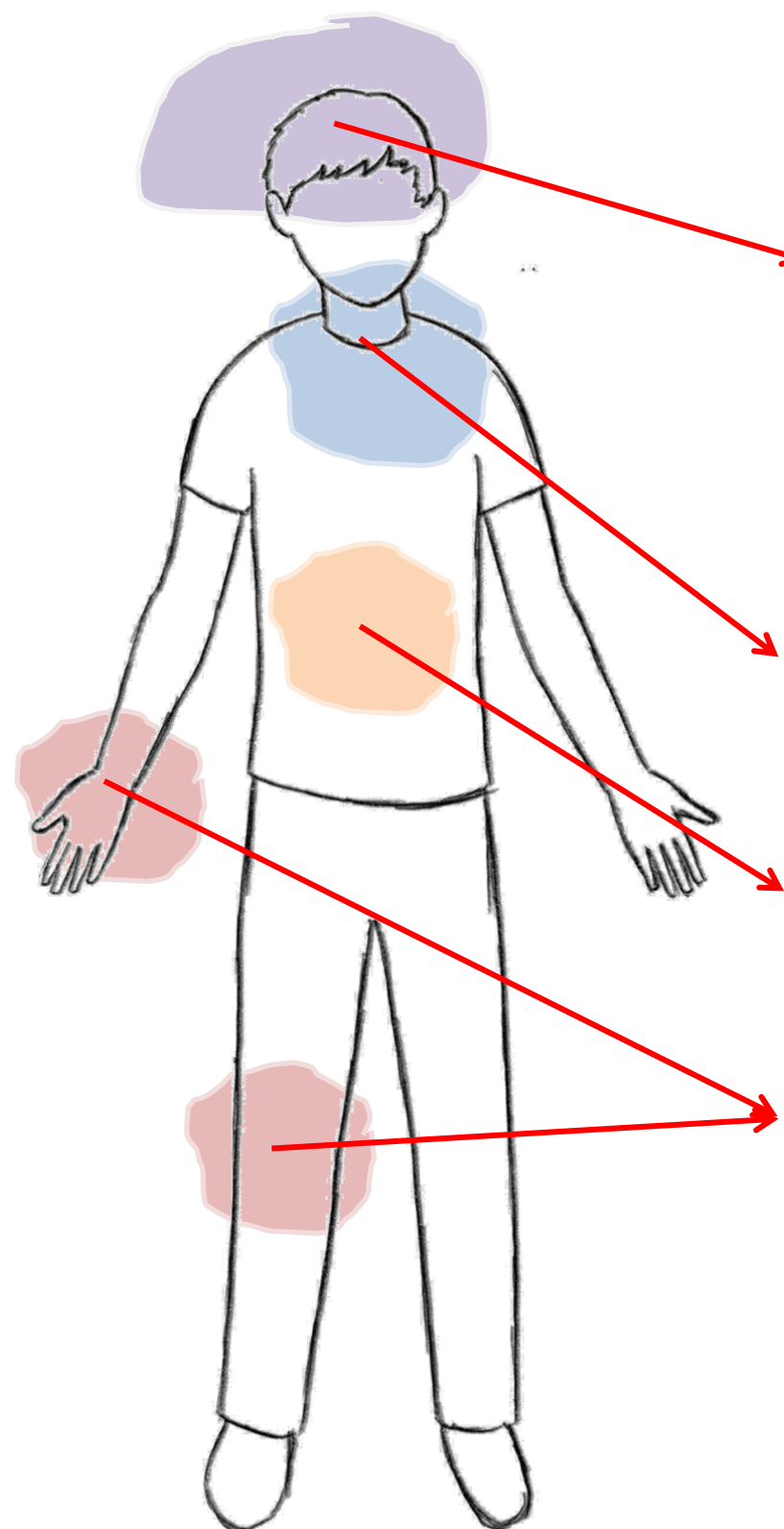


HOW SHUNGITE CAN HELP YOU



DISORDER	SHUNGITE USE
Anxiety Headaches Sleep Disorder	<ul style="list-style-type: none"> • Wear shungite pendant • Place shungite pyramid or nugget in your house & work place • Reduce electromagnetic radiation and geopathic stress with shungite pieces & pyramids • Use shungite harmonising sets
Thyroid Disorders Sore throats Asthma, Bronchitis	<ul style="list-style-type: none"> • Wear shungite pendant • Drink shungite water
Allergies Digestive Tract Issues	<ul style="list-style-type: none"> • Leave shungite in clean water for at least 12 hours, drink shungite water daily for up to 2 weeks
Arthritis Joint & Muscle Pain	<ul style="list-style-type: none"> • Place shungite on affected joints • Bathe in shungite water; • Treat with shungite poultice
Skin conditions	<ul style="list-style-type: none"> • Drink shungite water for up to 2 weeks
Tiredness Lack of Energy	<ul style="list-style-type: none"> • Improve your grounding by placing pyramid in your house • Carry a shungite nugget with you • Use shungite harmonising set